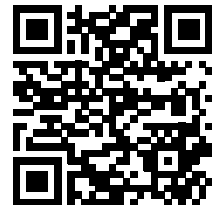


name: _____

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Understanding Air Pollution



Every day, millions of people around the world breathe in _____ that is not as clean as it should be. The main cause of this issue is _____, which comes from various sources such as cars, factories, and even natural _____ like wildfires. One of the most harmful pollutants is _____ matter, tiny particles that can penetrate deep into our lungs and even enter our bloodstream. Another dangerous pollutant is _____ dioxide, primarily emitted from vehicles and industrial _____. It can cause respiratory problems and aggravate existing health _____. In cities, the concentration of these pollutants is especially high, leading to _____, a fog combined with smoke and other pollutants, which significantly reduces air quality. _____, the elderly, and those with pre-existing health conditions are particularly vulnerable to the _____ of air pollution. Studies have shown that long-term exposure to polluted air can lead to chronic health _____ such as heart disease, lung cancer, and stroke. To combat air pollution, many countries have implemented _____ to reduce emissions from vehicles and industries. Additionally, there are personal steps we can take, like using public _____ or biking instead of driving, to help reduce our own contribution to air pollution. Monitoring _____ around the world continuously measure air quality to provide real-time data to the public, helping _____ make informed decisions about outdoor activities, especially on days when pollution levels are high. Awareness and _____ at both the individual and policy level are crucial in addressing the threat of air pollution and protecting public _____.

- pollution
- individuals
- transportation
- policies
- health
- activities
- events
- conditions
- stations
- smog
- action
- particulate
- air
- issues
- Children
- nitrogen
- effects