

name: _____

class: _____

date: _____

The Rule of Saint Benedict



The _____ were a time of deep religious devotion. In England, _____ played a significant role in daily life. They followed a set of rules known as the Rule of Saint _____. This rule was written by Benedict of _____, a monk from Italy. His rule emphasized obedience, _____, and community life. Monks in these monasteries lived a life of _____ and work. They would wake up early for _____ and spend several hours in _____. The monasteries also served as centers for _____. They had large _____ filled with religious and philosophical books. The monks would copy these books by _____, preserving important knowledge. These monasteries were self-sufficient, growing their own _____ and making their own _____. They also provided help to the _____ and sick in their communities. The Rule of Saint Benedict was not just a religious guideline but a way to create a harmonious and productive _____.

clothes

humility

learning

poor

Middle Ages

chants

Benedict

meditation

food

libraries

monasteries

Nursia

prayer

hand

society