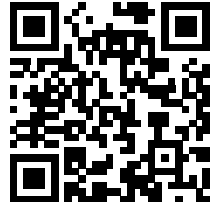


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Pollution and Environmental Health



The _____ is our home, but we are not taking care of it as we should. Pollution affects every aspect of our _____ and our health. Air pollution, for instance, is a major issue that affects both urban and rural _____. It comes from cars, factories, and even some natural sources like volcanoes. Water _____ is another critical issue. It occurs when harmful substances are discharged into _____, lakes, and oceans, affecting aquatic life and making water unsafe for drinking and _____. Land pollution, caused by waste disposal and agricultural chemicals, harms _____ fertility and biodiversity. The effects of pollution are not just environmental but also have serious health _____. Respiratory problems, heart disease, and various types of _____ are linked to different forms of pollution. Children and the elderly are particularly _____ to these health risks. Noise pollution, less visible but equally harmful, affects mental health and can lead to _____ and sleep disorders. Light pollution, on the other hand, disrupts _____ and affects the natural behaviors of animals. Combatting pollution requires global _____ to reduce emissions, clean up contaminated areas, and adopt sustainable practices in our daily _____. By understanding the causes and effects of pollution, we can work together to protect our _____ and ensure a healthy environment for future _____.

- planet
- pollution
- areas
- ecosystems
- recreation
- generations
- lives
- efforts
- stress
- vulnerable
- soil
- cancer
- Earth
- environment
- rivers
- implications