

name: _____

class: _____

date: _____

Life Skills

Tasks:

1. Write the words in the correct gaps!
2. Scan the QR code to check if everything is correct!
3. Copy the text again in your notebook without any mistakes!



Life skills are essential tools that help _____ navigate through the complexities of everyday life. These skills are not just about managing _____ or cooking a meal; they encompass a broad range of abilities that enable a _____ to live independently and successfully. One of the most crucial life skills is _____, which involves expressing oneself clearly and listening to others _____. It's vital in both personal and professional settings. Another key skill is _____, which allows individuals to make informed choices about their _____, whether it's choosing a career or deciding what to eat for dinner. Time _____ is also a critical skill, helping people balance work, leisure, and responsibilities efficiently. In the digital age, _____ literacy has become increasingly important, enabling individuals to use various tools and platforms effectively. Emotional _____ is another significant skill, as it involves understanding and managing one's _____, as well as empathizing with others. Problem-solving is a skill that helps individuals overcome _____ and find solutions to obstacles they may face. Understanding and managing _____, both physical and mental, is vital for overall well-being. Social skills, such as empathy and respect, are crucial for building and maintaining _____. Financial literacy, which includes budgeting and saving, is essential for managing personal _____. Lastly, _____ is the ability to bounce back from setbacks and adapt to change, an invaluable skill in today's ever-changing world.

technology	individuals	health	person	challenges	relationships	lives
money	intelligence	management	effectively	communication	emotions	
finances	resilience	decision-making				