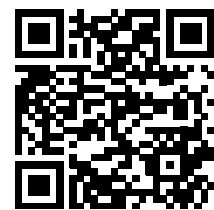


name: _____

class: _____

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Essential Safety Rules



In every environment, whether at _____, home, or outdoors, knowing and following safety rules is crucial for protecting ourselves and others. These _____ act as guidelines to ensure that we minimize risks and respond effectively in case of _____. One key rule is always to pay attention to your surroundings, which helps in avoiding potential _____. In schools, for instance, teachers emphasize the importance of walking, not running, in the _____ to prevent accidents. When it comes to fire safety, a fundamental rule is to know the _____ of exits and fire extinguishers. Additionally, understanding the basics of first _____ can make a significant difference during medical _____. Learning how to apply a simple bandage or perform CPR can save _____. Another important aspect is the use of personal protective _____ (PPE) when engaging in activities that pose risks, such as woodworking or chemistry experiments. The internet and community _____ offer valuable resources and courses on safety and _____, encouraging everyone to become more knowledgeable and prepared. It's also vital to know how to call for _____ in different situations, including memorizing local emergency numbers. Lastly, practicing good _____ is a simple yet effective way to prevent the spread of illnesses, demonstrating how safety rules encompass a wide range of _____ and behaviors aimed at maintaining our health and well-being.

emergencies rules equipment hallways first aid hygiene emergencies
centers lives help aid hazards school actions locations