

name: _____

class: _____

date: _____

Environmental Health Essentials



Environmental health is a key part of _____ health, focusing on the interactions between people and their _____. It aims to prevent disease and create health-supportive environments. This includes controlling _____ and water pollution, ensuring safe food and drinking _____, managing hazardous materials, and protecting against environmental hazards. The _____ of the environment directly affects human health. For example, air _____ can lead to respiratory diseases, while contaminated water can cause gastrointestinal _____. Environmental health professionals work to mitigate these _____ by implementing regulations, conducting research, and promoting _____ behaviors. They also respond to environmental _____, such as chemical spills or radiation leaks. By monitoring _____ and enforcing standards, they protect communities and help prevent _____ to harmful substances. Education is another crucial aspect, as it empowers individuals to make informed _____ about their health and the environment. Ultimately, the goal of environmental health is to ensure a sustainable _____ for all, where everyone has access to clean air, water, and safe _____.

illnesses public healthy emergencies risks decisions air quality
environment future water environments food pollution exposure